

Basketball Rules Yr 5&6



Players	5 v 5
Game Duration	20 minutes (2x 10-minute halves, 1-minute half time), Running clock, no time outs.
Court size	Full sized Basketball court
Court set up	<ul style="list-style-type: none"> • 2 hoops at opposite end of the court. • Black lines at Te Rauparaha Arena mark out boundary.
Hoop Height	8ft
Ball size	Size 5
Positions	No Positions- encourage players to spread out and pass ball around
Scoring	Any goal scored is worth 2 points, unless a goal is shot from outside the 3-point D it's worth 3 points.
Substitutions	Players can only be substituted when the game of play has been stopped. (the official calls a violation, out of bounds or a goal has been scored). The fresh player may enter the game once the substituted player has left the court.
Start of play	Ball toss for each half.
Rules	<p>We want the children to have fun and play as much as possible within the 20 minutes. Our umpire will coach and help players to learn rules as they play:</p> <ol style="list-style-type: none"> 1. Double dribble: When a player stops bouncing the ball they must pass or shoot the ball. They cannot start bouncing again. 2. Illegal Dribble: A player must use one hand at a time to bounce the ball. 3. Traveling: Players cannot run with the ball, it must be bounced the whole way. A player may take up to 2 steps after dribbling the ball. 4. Personal Foul: You cannot push, hit or hold anyone from the opposition. A defender may hold their ground and if they get pushed from the opponent it is considered a foul in favour of the defender. 5. Personal Foul: If a player is fouled in the act of shooting the goal will be counted. 6. Personal Foul: If a player is fouled at any time (except in the act of shooting) it is a Free pass played from the closest side. 7. Defensive retreat: After an attacking team scores a goal or loses possession of their ball in their attacking half, they must retreat to behind the half way line to give the other team a chance to bring the ball up the court. 8. Return to back court: Once the ball has entered the offensive half the ball cannot be passed behind the halfway line. 9. Three second rule: Offensive players cannot stand in the keyhole of the attacking goal for more than 3 seconds 10. Five second rule: Once a player holds the ball, they have 5 seconds to pass, dribble or shot. 11. Default: If a team is more than 5 minutes late to a game then they automatically default.