


YMCA afternoon tea menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Cheese and hummus and crackers	Fruit Muffins	Apricot-loaf	Savoury Muffins	Pinwheel Scones
Week 2	Club sandwiches (chicken/egg/cheese and onion)	Carrot Oat Bites	Bread Cases	Cheese Scones	Muesli Slice
Week 3	Egg-Muffins	Blueberry or Apple pikelets	Cheese and hummus and crackers	Fruit Scones	Fruit Muffins
Week 4	Chicken Sausage rolls	Muesli Slice	Pizza	Savoury muffins	Cinnamon and Pumpkin Pinwheels

Fruit and Veges served daily